

# Climb Mt. Manaslu: Exclusive Expedition - Autumn 2026

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

## COUNTRY

**Nepal**

## ACTIVITY

**14 Peaks Exclusive**

## ACCOMMODATION

**Hotel/Lodges/Tent**

## WALKING

**2-4 hrs**

## MAX ALTITUDE

**8,163**

m

## DURATION

**27**

Days

## DIFFICULTY

**Hard Difficult**

Difficult

## GROUP SIZE

**1-2**

People

## Expedition Overview

Mt. Manaslu, the eighth highest mountain in the world, standing proudly at 8,163 meters (26,781 feet). Known as the “Mountain of Spirit,” Manaslu offers a challenging yet incredibly rewarding experience for mountaineers. This magnificent peak provides breathtaking landscapes, rich cultural encounters, and a true sense of adventure.

Mt. Manaslu’s stunning scenery and relatively less technical ascent make it an ideal choice for those venturing into the world of 8,000-meter summits for the first time. Our expertly guided expedition will ensure that you have a safe and unforgettable journey to the summit.

During our expedition, we’ll traverse the picturesque villages, ancient monasteries, and breathtaking landscapes. We’ll engage with the local community, delve into Tibetan culture, and relish unparalleled views of the Himalayas. The climb includes navigating the challenging icefalls and crevasses, showcasing the exhilarating ups and downs of high-altitude climbing.

Our journey typically spans 36+ days and is suited for those in excellent physical condition. We handle all logistics, accommodation, meals, permits, and transportation, so you can focus on the adventure. Trust our experienced team with multiple 8000m summit Sherpa to ensure a safe and memorable expedition to Mt. Manaslu.

Exclusively,

? 2 multiple 8000m summiter sherpa guide per member.

? 6 bottles of oxygen per member.

? Full board logistic service during climb.

? Private wash room and shower tent at Base Camp.

? Helicopter transfer from Kathmandu to Samagaun and a return flight from Base Camp to Kathmandu.

## INCLUDES

- 1. Airport Transfers:** – Private vehicle transfers between the airport and hotel.
- 2. Hotel Accommodation:** – 4 nights in a 5-star hotel in Kathmandu, single room on B&B basis.
- 3. Welcome Dinner** – One welcome dinner at a tourist standard restaurant in Kathmandu with office staff.
- 4. Cargo Clearance** – Assistance with cargo clearance in Nepal’s Customs (clearance cost extra).
- 5. Permits** – Expedition royalty and permit for Mt. Manaslu, including conservation area entry permits and fees.
- 6. Liaison Officer** – Government Liaison officer with full equipment, salary, and accommodation.
- 7. Garbage Management** – Stool shipment transfer and garbage deposit fees.
- 8. Insurance** – Medical and emergency rescue insurance for all Nepalese staff during the trek and expedition.

- **9. Duffle Bag** – Two 14 Peaks Expedition duffle bag (150L).
- **10. Member Transportation** – Helicopter flights from Kathmandu to Samagaun and return as per itinerary.
- **11. Member Luggage** – Up to 60 kg per member for personal baggage, carried by porters or yaks.
- **12. Expedition Equipment Transport** – All necessary expedition equipment transported from Kathmandu to Aukhet by jeep, Aukhet to Sama Gaun by helicopter, and Base Camp by porters. Return via the same route.
- **13. Food and Lodging** – 3 meals a day (breakfast, lunch, dinner, tea, and coffee) and accommodation at hotel/lodge during the trek and at Base Camp, including fresh vegetables, meat, fruits, and soft drinks. Well-managed Base Camp setup.
- **14. Porters** – Porters for each member to and from Base Camp.
- **15. Base Camp Staff** – Experienced Base Camp cook and kitchen helpers.
- **16. Staff Salary and Allowance** – Daily wages, salary, equipment, food, and clothing for all Nepalese staff and porters.
- **17. Base Camp Tent** – Individual box tent for each member at Base Camp.
- **18. Base Camp Equipment** – Single tent, foam mattresses, pillow, dining tent, kitchen tent, communication tent, toilet tent, shower tent, staff tent, store tent, tables, chairs, and all necessary cooking gear.
- **19. Heater** – Heater in dining and other necessary tents at Base Camp.
- **20. Power Supply** – Solar panel and generator for lights, battery charging, laptops, and other electronic devices at Base Camp.
- **21. Training** – Oxygen mask and regulator training, ice wall, and gear training at Base Camp by Sherpa guide.
- **22. High Altitude Climbing Sherpa** – One experienced, government-licensed climbing Sherpa per member throughout the climb from Base Camp to summit and back.
- **23. Assistance** – Climbing Sherpa to help carry gear to high camps.
- **24. Sherpa Salary and Allowance** – Salary, equipment, food, and clothing for climbing Sherpas.
- **25. Oxygen Bottles** – 6 bottles of oxygen will be provided per member. Oxygen bottles available at Base Camp for emergencies (with an additional charge).
- **26. High Camp Services** – High altitude tent, necessary cooking EPI gas, cooking pots, high-altitude food for members, Sherpa, and crew at Camps 1, 2, and 3, group climbing gear, and fixed and dynamic ropes.
- **27. High Altitude Tent** – Shared tents at high camps (2 members per tent).
- **28. Rope Fixing Team** – Experienced Sherpas will fix ropes and routes.
- **29. Satellite Phone** – Satellite phone for emergency communication carried by Sherpa, available for members (with an additional charge).
- **30. Walkie-Talkie** – For communication between Base Camp and mountain.
- **31. Weather Forecast** – Regular weather forecast reports from Meteotest, Bern (Switzerland).
- **32. Medical Kits** – Comprehensive medical kit for members and staff.
- **33. Certificate** – Mt. Manaslu climbing certificate issued by MoCTCA upon successful ascent.

## EXCLUDES

- **1. Airfare** – International flight to and from Kathmandu.
- **2. Nepal Entry Visa Fee** – - 30 USD for 15 days - 50 USD for 30 days - 125 USD for 90 days
- **3. Meals in Kathmandu** – Lunch and dinner during the stay in Kathmandu, including early return from trekking or expedition.
- **4. Extra Nights in Kathmandu** – Additional accommodation costs for early arrival, late departure, early return, or domestic flight cancellations.
- **5. Insurance Policy** – Comprehensive insurance covering medical, high-altitude evacuation, trip cancellation, interruption, rescue, air evacuation, medical treatment, and repatriation. A copy of the insurance policy is required before arrival.
- **6. Personal Expenses** – Costs for telephone calls, internet, toiletries, battery recharge, hot showers, laundry, soft drinks, beers, and alcoholic beverages (soft drinks provided at base camp).
- **7. Personal Climbing Equipment** – Personal clothing, packing items, bags, medical kit, and all personal trekking/climbing gear.
- **8. Toiletries** – Personal hygiene items such as soaps, shampoos, toilet and tissue papers, and toothpaste.
- **9. Filming Fees** – Permits for special filming, cameras, and drones.
- **10. Internet Service** – Not included during the trek
- **11. Summit Bonus** – Minimum 1500 USD for the climbing Sherpa.
- **12. Tips** – Minimum 500 USD for basecamp and high camp staff.
- **13. Extra Services** – Any other services or activities not mentioned in the itinerary or “Cost Includes” section.

## Trip Itinerary

Days	Program	Meals	Accommodation	Description
1	Arrival in Kathmandu(1400m)	B	Hotel	Arrive in Kathmandu, check into your hotel, and join the welcome dinner and meet guides and expedition leaders.

Days	Program	Meals	Accommodation	Description
2	Rest Day in Kathmandu	B	Hotel	Relax, explore Kathmandu, visit historical sites, and complete any last-minute shopping for your expedition.
3	Helicopter Flight to Samagaun(3530m)	B/L/D	Lodge	Take a scenic helicopter flight to Samagaun(45 Minutes), where you will begin acclimatizing to the higher altitude.&nbsp;
4	Rest Day in Samagaun	B/L/D	Lodge	Continue acclimatizing by exploring the village and its surroundings, ensuring your body adjusts to the altitude.
5	Acclimatization Hike to Samdo (3690m)	B/L/D	Lodge	Hike to Samdo to aid acclimatization, then return to Samagaun for the night.
6	Trek to Manaslu Base Camp (4800m)	B/L/D	Tent	Begin the trek to Manaslu Base Camp, enjoying the stunning scenery as you approach the base of the mountain.
7	Day 7 – 24: Manaslu Climbing Period	B/L/D	Tent	Spend this period ascending Manaslu. Follow a strategic schedule of rotations to higher camps for acclimatization and preparation, aiming to reach the summit within this window
25	Helicopter Flight to Kathmandu	B/L/D	Hotel	Decend to base camp,&nbsp; fly back to Kathmandu. Reserved for any delays due to weather or technical issues, ensuring a safe and unhurried expedition.
26	Leisure Day in Kathmandu	B	Hotel	Relax and unwind in Kathmandu. Reflect on the expedition and explore more of the city. Fare-well get together.
27	Departure	B	-	Depart for your home country, taking with you unforgettable memories of the adventure.

# Trekking Gear List

## Travel Documents

Valid Passport   Debit/Credit Card   PP Size Photos(4 Pieces)  
Insurance Paper/Certificate   Summit Down Suit – 8000M

## Medicine / First Aid Kits

Paracetamole

## Upper Body

Thermal Base Layer   Fleece Jacket   Gore Tex Jacket  
Warm Jacket   Wind Proof Jacket   Down Jacket   Cotton T-Shirt

## Lower Body

Trouser   Bottom Base Layer   Fleece Trouser   Gore Tex Pant  
Heavy Weight Pant   Mid Weight Pant   Trekking Pant  
Under Wear   Down Pant   Gaiters for Trekking Boots  
Climbing Boot -6000m   Normal Socks   Summit Socks  
Trekking Shoes   Thermal Bottom Base Layer   Trekking Pants

## Foot Wear

Summit Boot - 8000m   Sport Shoes

## Hand

Thin Fleece Gloves   Wind Stopper Gloves   Heavy Gloves(Guide)  
Summit Gloves

## Head

Sun Cap   Desert Cap   Fleece Hat/Warm Hat   Neck Gaiter  
Snow Goggles   Balaclava

## Eating & Drinking

Water bottle   Thermos

## Bag Packs

Rucksack 35L-50L   Duffle Bag   Dry Bags

## Miscellaneous

Trekking Pole   Pocket Knife   Nail Cutter   Umbrella/Rain Coat  
Hot Water Bag   Pee Bottle   Tenacious Tape Repair  
Altimeter Watch   Satellite Phone(Optional)   GPS Tracker  
Power Bank   Camera   GPS Tracker