

MAKALU BASE CAMP SHERPANI COL TREK (6150M)

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Nepal

ACTIVITY

Trekking

ACCOMMODATION

Hotel, Lodge, Tent

WALKING

5-7 Hours

MAX ALTITUDE

6,150

m

DURATION

22

Days

DIFFICULTY

Extreme

Difficult

GROUP SIZE

5

People

Expedition Overview

The Makalu Base Camp Sherpani Col Trek stands as arguably the most demanding and lengthy expedition in the region, bridging the gap between the Makalu and Everest domains.

INCLUDES

- 1. ARRIVAL AND DEPARTURE** – Airport - Hotel transfers – Airport (Pick Up and Drop), by private vehicle.
- 2. HOTEL ACCOMMODATION IN KATHMANDU** – 4 nights hotel in Kathmandu (5-star category) - single room on bed and breakfast plan.
- 3. WELCOME DINNER** – One Welcome Dinner in a tourist standard restaurant in KATHMANDU with office staff.
- 4. CARGO CLEARANCE** – Assistance for cargo clearance in Nepal's customs, clearance cost is subject to a charge.
- 5. PERMIT** – All necessary paper works: Makalu Barun National Park entry fee, Sagarmatha National Park entry fee, TIMS card and Pasang Lhamu Rural Municipality entry fee.
- 6. INSURANCE** – Medical & Emergency rescue Insurance for all involved Nepalese staff during the trek.
- 7. DUFFLE BAG** – One 120L 14 Peaks duffel bag (caps/neck warmer).
- 8. MEMBER TRANSPORTATION** – (Domestic Flight) Fly from Kathmandu – Tumlingtar and while returning Lukla - Kathmandu, as per itinerary.
- 9. MEMBER LUGGAGE** – Up to 15 Kg per member for personal baggage during the trek to be carried by porters/yaks.
- 10. FOOD AND LODGING** – 3 meals a day (BLD; including tea and coffee) along with accessible accommodation at Hotel/Lodge during the trek.
- 11. DRINKING** – Per day 2 Liters of boiled water per member to carry on the thermos.
- 12. PORTER** – Porters (1 porter:2 trekkers) during the trek.
- 13. WEATHER FORECAST** – Weather forecast report during the entire trekking.
- 14. GUIDE** – Local government licensed Guide (English speaking) during the trek and sightseeing in Kathmandu valley.
- 15. STAFF SALARY AND ALLOWANCE** – All Nepalese staff & porters' daily wages, salary, equipment, foods & clothing.
- 16. VALLEY SIGHT SEEING** – Sightseeing in Kathmandu Valley [Pashupatinath Temple, Swoyambu (Monkey temple), and Kathmandu Durbar Square] by a professional guide.
- 17. MEDICAL KIT** – Comprehensive medical kit for members and staff.
- 18. MAP** – Makalu region trekking map

EXCLUDES

- 1. AIR FARE** – International flight airfare (from and to Kathmandu).
- 2. NEPAL ENTRY VISA FEE** – Nepalese Visa fee is \$50 USD for 30 Days.

- **3. LUNCH & DINNER** – Lunch & dinner during the stay in Kathmandu (also in case of early return from trekking than the scheduled itinerary).
- **4. EXTRA NIGHT IN KATHMANDU** – Extra nights' accommodation in Kathmandu. In case of early arrival or late departure, early return from trekking, or domestic flight cancellation (due to any other reason) than the scheduled itinerary.
- **5. INSURANCE POLICY** – Insurance covering both medical and high-altitude evacuation costs (for the trip cancellation, interruption, high-altitude rescue & air evacuation, medical treatment, repatriation, etc.) *Mandatory (Send us a copy of your insurance policy- before your arrival.)
- **6. PERSONAL EXPENSES** – Telephone calls, internet, toiletries, battery recharge, hot shower, laundry, soft drinks, beers, and any alcoholic beverages (during the trek and in Kathmandu but we will have soft drinks for members at base camp).
- **7. TOILETRIES** – Soaps, shampoos, toilet and tissue papers, toothpaste, and other items used to keep yourself clean.
- **8. FILMING** – Special filming, camera, and Drone permit fee.
- **9. INTERNET SERVICE** – Not included during the trek and the trekking.
- **10. TIPS** – Calculate some tips for guide minimum 250 USD & 100\$ for porters

Trip Itinerary

Days	Program	Meals	Accommodation	Description
1	Arrival in Kathmandu & Transfer to the Hotel (1,400m)	-	Hotel	
2	Fly from Kathmandu to Tumlingtar and drive to Num (1560m)	B/L/D	Lodge	
3	Trek from Num to Seduwa (1510m)	B/L/D	Lodge	
4	Trek from Seduwa to Tashi Gaun (2070m)	B/L/D	Lodge	
5	Acclimatization at Tashi Gaun (Rest Day)	B/L/D	Lodge	
6	Trek from Tashi Gaun to Khongma (3760m)	B/L/D	Lodge	
7	Trek from Khongma to Mumbuk (3,520m)	B/L/D	Lodge	
8	Trek from Mumbuk to Nehe Kharka (4,320m)	B/L/D	Lodge	
9	Trek from Nehe Kharka to Makalu Base Camp (4,870m)	B/L/D	Lodge	
10	Trek from Makalu Basecamp to Hillary Camp	B/L/D	Tent	
11	Trek from Hillary Camp to High Camp (5,650m)	B/L/D	Tent	
12	Acclimatization at High Camp (Rest day)	B/L/D	Tent	
13	Trek to Baruntse Base Camp (5,700m) via Crossing Sherpani Col (6,146m) and West Col (6,143m)	B/L/D	Tent	
14	Acclimatization at Baruntse Basecamp (Rest Day)	B/L/D	Tent	
15	Trek from Baruntse Basecamp to Amphu Labste Base (5,400m)	B/L/D	Tent	
16	Trek from the Base to Imja Lake camp (5,100m) Via Crossing Amphu Laptsa pass (5,850m)	B/L/D	Tent	
17	Trek from Chhukung to Pangboche (3,985m)	B/L/D	Lodge	
18	Trek from Pangboche to Namche Bazaar	B/L/D	Lodge	
19	Trek from Namche Bazaar to Lukla	B/L/D	Lodge	
20	Fly from Lukla to Kathmandu and Transfer to the Hotel	B	Hotel	
21	Sightseeing around Kathmandu valley and stay at hotel.	B	Hotel	
22	Transfer to International Airport for final departure	B	-	

Trekking Gear List

Travel Documents

Valid Passport Debit/Credit Card PP Size Photos(4 Pieces)
Insurance Paper/Certificate Summit Down Suit – 8000M

Medicine / First Aid Kits

Paracetamole

Upper Body

Thermal Base Layer Fleece Jacket Gore Tex Jacket
Warm Jacket Wind Proof Jacket Down Jacket Cotton T-Shirt

Lower Body

Trouser Bottom Base Layer Fleece Trouser Gore Tex Pant
Heavy Weight Pant Mid Weight Pant Trekking Pant
Under Wear Down Pant Gaiters for Trekking Boots
Climbing Boot -6000m Normal Socks Summit Socks
Trekking Shoes Thermal Bottom Base Layer Trekking Pants

Foot Wear

Summit Boot - 8000m Sport Shoes

Hand

Thin Fleece Gloves Wind Stopper Gloves Heavy Gloves(Guide)
Summit Gloves

Head

Sun Cap Desert Cap Fleece Hat/Warm Hat Neck Gaiter
Snow Goggles Balaclava

Eating & Drinking

Water bottle Thermos

Bag Packs

Rucksack 35L-50L Duffle Bag Dry Bags

Miscellaneous

Trekking Pole Pocket Knife Nail Cutter Umbrella/Rain Coat
Hot Water Bag Pee Bottle Tenacious Tape Repair
Altimeter Watch Satellite Phone(Optional) GPS Tracker
Power Bank Camera GPS Tracker