

Dhaulagiri Expedition Spring 2026

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Nepal

ACTIVITY

Mountaineering

ACCOMMODATION

Hotel/Lodge/Tent

WALKING

5-7 Hours

MAX ALTITUDE

8,167

m

DURATION

40

Days

DIFFICULTY

Hard

Difficult

GROUP SIZE

15

People

Expedition Overview

Mt. Dhaulagiri is the fifth-highest peak in Nepal and the seventh highest peak in the world with its height of 8,167m above sea level. This mountain lies in the northwestern corridor of Nepal in Myagdi District. Mt. Dhaulagiri extends about 120km from Kaligandaki River to the Bheri river in the west. Dhaulagiri is derived from the Sanskrit word, "Dhawala and Giri" which means "White and Mountain" respectively. Dhaulagiri is reflected as one of the most fascinating peaks to climb

Mt. Dhaulagiri has 5 ridges and south and west faces, Majority of the scaling has been following the first route, which is known as the "Normal Route". The northeast route is considered the normal route; However, Mt. Dhaulagiri has been scaled from every direction. The base camp is normally set at around 4,750m, and then three camps follow before reaching the top. The first camp is at 5,850m, camp 2 is at 6400m, and the last camp is at 7400m.

INCLUDES

- **1. Logistics and Accommodation** – 1. Arrival and Departure: Tourist vehicle for airport-hotel transfers (pick-up and drop-off). 2. Hotel Accommodation in Kathmandu: 4-5 nights in a star-category hotel (single room, bed and breakfast plan). 3. Food and Lodging: 3 meals per day (breakfast, lunch, and dinner, including tea and coffee) with comfortable accommodation at hotels/lodges during the trek and at Base Camp. Hygienic fresh vegetables, meat, fruits, soft drinks, juice, and snacks served regularly using helicopter flights. 4. Welcome Dinner: Dinner in a tourist-standard restaurant in Kathmandu with office staff and guides.
- **2. Permits and Government Fees** – 2. Permit: Expedition royalty and permit fee of Nepal Government to climb Mt. Dhaulagiri. 3. Local Municipality Entry Permit: Required local entry permit and fee. 4. Liaison Officer: Government liaison officer with full equipment, salary, and accommodation. 5. Garbage Management: Stool shipment transfer and garbage deposit fees.
- **3. Member and Staff Support** – 1. Duffle Bag and Gear: Two 150L 14 Peaks duffle bags, cap, buff, and jacket. 2. Member Transportation: Domestic flight from Kathmandu to Pokhara and return from Pokhara to Kathmandu as per itinerary. 3. Member Luggage: 15 kg of luggage per member carried by porters or yaks. Expedition Transportation: Equipment transportation from Kathmandu to Pokhara (air cargo) and to Base Camp (porters/yaks), and return from Base Camp to Kathmandu (air cargo). 4. Porter Support: 1 porter per 2 members up to Base Camp and from Base Camp (both ways). 5. Base Camp Staff: Experienced and well-trained cook and kitchen helpers. 6. Staff Salary and Allowance: Daily wages, salary, equipment, food, and clothing for all Nepalese staff and porters.
- **4. Base Camp and Climbing Services** – Base Camp Equipment: Single box tent, foam mattress, and pillow per member. Dining tent, kitchen tent, communication tent, toilet tent, shower tent. Staff tents, store tent, tables, chairs, and all necessary cooking gear. Solar/Generator/Light: 1 solar panel and generator for lights, battery charging, laptop, and electronic devices at Base Camp. Medical Check-Up: Health check-up of each climber at Base Camp before the summit attempt. Bakery, Coffee Lounge, and Bar: Available at Base Camp for 14 Peaks Expedition team members. Training at Base Camp: Oxygen, mask regulator, ice wall, and ladder training by UIAGM guide.
- **5. High-Altitude Support and Safety** – High-Altitude Climbing Sherpa: 1:1 ratio of climbing Sherpa guide to member for the entire climb from Base Camp to the summit and on each rotation. Oxygen Supply: 7 summit oxygen cylinders (4 liters) per member. 3 oxygen cylinders for each high-altitude Sherpa. 1 set of oxygen mask and regulator per member and Sherpa. High Camp Service (Infrastructure and Logistics): High-altitude tents (2 members per tent). Cooking EPI gas, cooking pots, and high-altitude food for members, Sherpas, and staff at Camp 1, Camp 2, Camp 3, and Camp 4. Rope Fixing Team: Experienced Sherpa team from the Expedition Operators Association

(EOA) of Nepal to fix the route to the summit (no extra charge).

- **6. Communication and Weather Updates** – Satellite Phone: For emergency communication, carried by Sherpa (available for members at an additional charge). Walkie-Talkie: For communication between Base Camp and mountain teams. Weather Forecast: Regular weather reports from Meteotest, Bern (Switzerland) throughout the expedition.
- **7. Medical and Emergency Support** – Insurance: Medical and emergency rescue insurance for all involved Nepalese staff. Medical Kits: Comprehensive medical kit for members and staff.
- **8. Recognition and Certification** – Certificate: Everest climbing certificate issued by the Department of Tourism (DOT) after successful ascent.

EXCLUDES

- **1. Flights & Travel** – International Airfare: Round-trip tickets to/from Kathmandu. Nepal Visa Fee: \$125 USD for a 90-day visa.
- **2. Accommodation & Meals in Kathmandu** – Lunch & Dinner: Meals during the stay in Kathmandu. Extra Nights: Additional hotel stays due to early arrival, late departure, or flight cancellations.
- **3. Insurance & Personal Expenses** – Insurance Policy: Must cover high-altitude evacuation, medical treatment, trip cancellation, repatriation, and other emergencies. Personal Expenses: Telephone calls, internet, toiletries, laundry, battery recharges, and hot showers. Soft drinks, alcoholic beverages (except soft drinks provided at Base Camp).
- **4. Climbing & Filming Permits** – Personal Climbing Gear: Clothing, backpacks, personal medical kit, and trekking/climbing equipment. Filming Fees: Special permits for cameras and drones.
- **5. Staff Gratitude** – Sherpa Guide Bonus: Minimum \$2,000 per climbing Sherpa. Tips for Staff: Minimum \$500 for Base Camp and high-altitude staff.
- **6. Other Additional Costs** – Extra Services: Any services not listed under "Cost Includes."
- **7. Important Notice:** – Our Heli Rescue team and medical doctor are on standby throughout the expedition. In case of an emergency, evacuation costs must be covered by your insurance provider.

Trip Itinerary

Days	Program	Meals	Accommodation	Description
1	Kathmandu(1,400m)	B/L/D	HOTEL	
2	Rest in Kathmandu	B/L/D	HOTEL	
3	Pokhara (960m)	B/L/D	3	
4	Marpha (2,670m)	B/L/D	4	
5	Marpha (Rest Day)	B/L/D	LODGE	
6	Yak Kharka (4,900m)	B/L/D	LODGE	
7	Dhampus Basecamp – Hidden Valley (Via Thapa Pass 5244m)	B/L/D	LODGE	
8	Dhaulagiri Base Camp (4,750m)	B/L/D	TENT	
9-34	Dhaulagiri Summit (8,167m)– Base Camp)	B/L/D	TENT	
35	Yak Kharka (3,680m)	B/L/D	LODGE/TENT	
36	Marpha	B/L/D	LODGE	
37	Pokhara	B/L/D	HOTEL	
38-39	Kathmandu	B/L/D	HOTEL	
40	Back to Home	B/L/D	HOTEL	

Trekking Gear List

Travel Documents

Valid Passport Debit/Credit Card PP Size Photos(4 Pieces)
Insurance Paper/Certificate Summit Down Suit – 8000M

Medicine / First Aid Kits

Paracetamole

Upper Body

Thermal Base Layer Fleece Jacket Gore Tex Jacket
Warm Jacket Wind Proof Jacket Down Jacket Cotton T-Shirt

Lower Body

Trouser Bottom Base Layer Fleece Trouser Gore Tex Pant
Heavy Weight Pant Mid Weight Pant Trekking Pant
Under Wear Down Pant Gaiters for Trekking Boots
Climbing Boot -6000m Normal Socks Summit Socks
Trekking Shoes Thermal Bottom Base Layer Trekking Pants

Foot Wear

Summit Boot - 8000m Sport Shoes

Hand

Thin Fleece Gloves Wind Stopper Gloves Heavy Gloves(Guide)
Summit Gloves

Head

Sun Cap Desert Cap Fleece Hat/Warm Hat Neck Gaiter
Snow Goggles Balaclava

Eating & Drinking

Water bottle Thermos

Bag Packs

Rucksack 35L-50L Duffle Bag Dry Bags

Miscellaneous

Trekking Pole Pocket Knife Nail Cutter Umbrella/Rain Coat
Hot Water Bag Pee Bottle Tenacious Tape Repair
Altimeter Watch Satellite Phone(Optional) GPS Tracker
Power Bank Camera GPS Tracker