

Climb Mt. Shishapangma: Spring 2026

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Tibet

ACTIVITY

Mountaineering

ACCOMMODATION

Hotel+lodge+tent

WALKING

4-6 hrs

MAX ALTITUDE

8,027

m

DURATION

30

Days

DIFFICULTY

Moderate

Difficult

GROUP SIZE

5

People

Expedition Overview

Shishapangma, standing tall at 8,027 meters, is the 14th highest peak on Earth and the only 8000-meter mountain located entirely within Tibet, China. Just north of Kathmandu, this Himalayan giant is renowned for its relative accessibility and breathtaking beauty.

Also known as **Gosaitan** in Indian-Nepalese tradition, meaning “The Holy Place,” and **Xixapangma** in Tibetan, which translates to “The mountain that looks over the grassy plains,” Shishapangma holds deep cultural and spiritual significance.

Famous among high-altitude mountaineers, **Shishapangma is considered one of the easiest 8000m peaks to climb**, making it an excellent choice for those aiming to progress toward more demanding expeditions like **Mount Everest** or **K2**.

Ideal for climbers seeking their first 8000m summit, Shishapangma offers a rewarding experience with stunning views, moderate technical difficulty, and high summit success rates.

INCLUDES

- 1. 5? hotel in Kathmandu (single B&B) –
- 2. Private airport transfers (arrival & departure) –
- 3. Welcome dinner with team and staff –
- 4. Expedition royalty & permit from Chinese Government –
- 5. Garbage deposit and waste management –
- 6. Emergency/rescue insurance for all Nepali staff –
- 7. Two 150L 14 Peaks duffle bags –
- 8. All transport: Kathmandu–Timure–ABC (heli/jeep/yak) –
- 9. Meals: Breakfast, Lunch, Dinner (with tea/coffee) –
- 10. Well-managed Base Camp setup –
- 11. Personal box tent with proper bed at Base Camp –
- 12. 1:1 Sherpa Guide and Assistant Guide –
- 13. Gear-carrying assistance & summit day support –
- 14. 3 Oxygen bottles, 1 Summit Mask & Regulator set –
- 15. Dining & kitchen at high camps (Camp I & II) –
- 16. Shared high-altitude tents (2 pax/tent) –
- 17. Staff salary, gear, and equipment –
- 18. Satellite phone (available at charge) –
- 19. Walkie-talkies for camp coordination –
- 20. Daily weather updates from Meteotest (Switzerland) –

- 21. Medical kits for members and staff –
- 22. Official summit certificate by Chinese Mountaineering Association –

EXCLUDES

- 1. International airfare to/from Kathmandu –
- 2. Nepal Visa Fee (\$125 for 90 days) –
- 3. Lunch & dinner in Kathmandu –
- 4. Extra nights in Kathmandu (early/late return) –
- 5. Personal insurance (medical, evacuation) – Mandatory –
- 6. Personal expenses: internet, showers, laundry, etc. –
- 7. Personal climbing gear, equipment, toiletries –
- 8. Drone & filming permits –
- 9. Internet during trek –
- 10. Sherpa Bonus: Minimum \$2000 USD –
- 11. Tips for camp staff: Minimum \$400 USD –
- 12. Any service not mentioned under "Includes" –

Trip Itinerary

| Days | Program | Meals | Accommodation | Description |
|-------|---|-----------|---------------|-------------|
| 1 | Arrival in Kathmandu (1,400m) and transfer to hotel | Breakfast | Hotel | |
| 2 | Rest day and Tibet visa document preparation | Breakfast | Hotel | |
| 3 | Visa application submission and expedition briefing | Breakfast | Hotel | |
| 4 | Sightseeing, shopping, and final prep | Breakfast | Hotel | |
| 5 | Heli to Timure and drive to Kerung Border (1,962m) | B/L/D | Lodge | |
| 6 | Drive to Thingri (4,300m) | B/L/D | Lodge | |
| 7 | Acclimatization and preparation in Thingri | B/L/D | Lodge | |
| 8 | Drive to Chinese Base Camp (5,220m) | B/L/D | Tent | |
| 9 | Rest day at Chinese Base Camp | B/L/D | Tent | |
| 9 | Rest day at Chinese Base Camp | B/L/D | Tent | |
| 10 | Trek to Advanced Base Camp (5,400m) | B/L/D | Tent | |
| 11-20 | Rotation: ABC – Camp I, touch Camp II, sleep at Camp I, return to ABC | B/L/D | Tent | |
| 21-26 | Summit push: ABC – Camp I – Camp II – Summit – Chinese Base Camp | B/L/D | Tent | |
| 27 | Drive to Thingri and Kerung border | B/L/D | Lodge | |
| 28 | Drive to Timure, fly back to Kathmandu | B/L/D | Hotel | |
| 29 | Leisure day in Kathmandu | B | Hotel | |
| 30 | Final departure to home | B | - | |

Trekking Gear List

Travel Documents

Valid Passport Debit/Credit Card PP Size Photos(4 Pieces)
Insurance Paper/Certificate Summit Down Suit – 8000M

Medicine / First Aid Kits

Paracetamole

Upper Body

Thermal Base Layer Fleece Jacket Gore Tex Jacket
Warm Jacket Wind Proof Jacket Down Jacket Cotton T-Shirt

Lower Body

Trouser Bottom Base Layer Fleece Trouser Gore Tex Pant
Heavy Weight Pant Mid Weight Pant Trekking Pant
Under Wear Down Pant Gaiters for Trekking Boots
Climbing Boot -6000m Normal Socks Summit Socks
Trekking Shoes Thermal Bottom Base Layer Trekking Pants

Foot Wear

Summit Boot - 8000m Sport Shoes

Hand

Thin Fleece Gloves Wind Stopper Gloves Heavy Gloves(Guide)
Summit Gloves

Head

Sun Cap Desert Cap Fleece Hat/Warm Hat Neck Gaiter
Snow Goggles Balaclava

Eating & Drinking

Water bottle Thermos

Bag Packs

Rucksack 35L-50L Duffle Bag Dry Bags

Miscellaneous

Trekking Pole Pocket Knife Nail Cutter Umbrella/Rain Coat
Hot Water Bag Pee Bottle Tenacious Tape Repair
Altimeter Watch Satellite Phone(Optional) GPS Tracker
Power Bank Camera GPS Tracker