

# Nanga Parbat Expedition

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

## COUNTRY

**Pakistan**

## ACTIVITY

**Mountaineering**

## ACCOMMODATION

**Hotel/Lodge/Tent**

## WALKING

**5-7 Hours**

## MAX ALTITUDE

**8,051**

m

## DURATION

**52**

Days

## DIFFICULTY

**Hard**

Difficult

## GROUP SIZE

**15**

People

## Expedition Overview

Nanga Parbat is the ninth-highest mountain in the world, with a summit elevation of 8,126 meters (26,660 feet) above sea level. It is located in the western Himalayas in Pakistan and is known as the "Killer Mountain" due to its difficult climbing routes and high fatality rate among climbers. Nanga Parbat means "Naked Mountain" in Hindi/Urdu and is with reference to the south face's exposed rock buttresses. The north face is equally intimidating. In contrast to the south face's steep rock and ice, a broad barrier of seracs that extend the width of the mountain guards the snowy north face. Most attempts nowadays are via the Westerly Diamir face, which is generally considered to be the easiest and safest with the Kinshofer Route, the normal route.

In 1953, German climber Hermann Buhl made the first successful ascent of Nanga Parbat, climbing alone and without supplemental oxygen. His climb was considered a major achievement in the climbing world and solidified Nanga Parbat's reputation as a challenging and dangerous mountain to climb.

Climbers before the Second World War were convinced that the only way to climb the mountain was from the north via a long arc extending over Rakhiot Peak (7010m), between the two summits of Silberzacken and finally to the summit of Nanga Parbat thereby avoiding a more direct ascent of the north face. The route was dangerously prone to avalanches and exposed to bad weather. 31 people died attempting to climb the mountain leading to it acquiring the infamous name of the "Killer Mountain". Nanga Parbat is considered one of the most challenging and dangerous mountains to climb, with a high fatality rate. Many climbing routes are steep, exposed, and prone to avalanches and rockfalls. The mountain is also known for unpredictable and severe weather, which can make climbing even more difficult.

The 14 Peaks Expedition, Nanga Parbat expedition will begin in the third week of June starting in Islamabad, and further driving to Chilas. The Vertical height gain from the Base camp to the summit is over 4000m. on which we will aim to place three camps to support your ascent and acclimatization. We will do a frequent rotation to each camp for the best acclimatization. The basecamp is normally set at (4,100m/ 13,451ft), Camp I at (4,600m/15,092ft), Camp II at (5,900m/19,357ft), Camp III (6,750m/22,146ft), Camp IV (7,200m/23,622ft) and Summit (8,125m/26,657ft).

## INCLUDES

- **1. Arrival and Departure** – Airport - Hotel transfers – Airport (Pick Up and Drop).
- **2. Hotel Accommodation** – 2 nights hotel at 4-star Hotel in Islamabad on bed & breakfast Basis- Sharing Twin Bed Room.
- **3. Welcome Dinner** – One Welcome Dinner in a tourist standard restaurant in Islamabad with Expedition Staffs.
- **4. Cargo Clearance** – International Air cargo clearance of Member Personal Luggage & Payment of Government taxes in Pakistan.  
\*\*before the expedition.
- **5. Permit** – Expedition Royalty and permit of Pakistan Government to climb mount Broad Peak.
- **6. Liaison Officer** – 1 Liaison officer with full equipment, salary and accommodation
- **7. Garbage Management** – Garbage Deposit fees.

- **8. Map** – Trekking and climbing map.
- **9. Duffle Bag** – 14 Peaks Expedition duffle bag.
- **10. Member transportation** – LAND TRANSPORTATION (MEMBERS): Drive from Islamabad to Halale via Chilas and while returning from Halale to Islamabad via Chilas, as per itinerary, along with one guide.
- **11. Expedition Stuffs Transportation** – All necessary expedition equipment transportation for all Members and Staff from Nepal to Pakistan (by air cargo) – Islamabad to Halae (by truck/jeep) and Base camp (by Porters/mules) – While returning: Base camp to Halale (by porters/mules) and Halale to Islamabad (by Truck/jeep). Based on the condition, different transportation variants may adopt.
- **12. Member Luggage** – Up to 70 Kg per member for personal baggage during the trek carrying by porters.
- **13. Food and Lodging** – 3 meals a day (BLD; including tea and coffee) along with accessible accommodation at Hotel/Lodge/Camp during the trek and at Basecamp. Well-managed base camp set up for members & Staffs.
- **14. Camping Equipment** – All Necessary equipment for Camping during the trek.
- **15. Porter** – Porters per member up to Base camp from Askole & Porters while returning from Basecamp to Askole.
- **16. Staff Salary and allowance** – All Nepalese / Pakistani staff & porter's daily wages, salary, equipment, foods & clothing.
- **17. Base Camp Tent** – Each member will have an individual Yak Mountain or Kailas tent in Base Camp.
- **18. Base Camp equipment** – At Base camp: foam mattresses and pillow per member, 1 Dinning Tent, 1 Kitchen Tent, 1 Communication tent, 1 Toilet & 1 Shower Tent, 1 Staffs Tent, 1 Tent for Nepalese / Pakistani base camp staffs, Store tents, Tables & chairs & all necessary cooking gears.
- **19. Heater** – Heater for base camp in each Dining and other necessary camps.
- **20. Solar/Generator/Light** – 1 Solar panel or Generator for battery charge and light at base camp for use.
- **21. High Altitude Climbing Sherpa** – 1 veteran and Government Licensed Nepalese Sherpa per member. (1 Member: 1 Sherpa).
- **22. Climbing Sherpa Salary & Allowance** – Climbing Sherpa Salary, Equipment, Food and Clothing.
- **23. Oxygen Bottle (O2)** – Summit Oxygen cylinder: 3 oxygen bottles (4 ltrs.) for each member and 2-oxygen bottles for each high-altitude Sherpa.
- **24. Oxygen Mask & Regulator** – 1 Set of Summit Oxygen mask & regulator for each member and high-altitude Sherpa, which has to be returned after expedition.
- **25. Backup Oxygen** – Oxygen Cylinder, mask and regulator (with appropriate charge).
- **26. High camp service** – High Altitude Tent, Necessary cooking EPI gas, cooking pot, High food for a member, Sherpa and other crews at (C1) (C2) (C3) and (C4). Group climbing gears, fixed and dynamic rope during the climbing period as required.
- **27. Rope Fixing Team** – The team of experienced Sherpas will fix the route on Broad Peak (no extra charge will be applied to members).
- **28. Internet** – Thuraya IP+ (Unlimited) Internet access Wi-Fi to all climbers on our expedition at base camp. (Payable Basis).
- **29. Satellite Phone** – Satellite Phone for emergency communication carrying by Sherpa, also available for members with appropriate charge.
- **30. Walkie-Talkie** – Walkie –Talkie for communicating from Base Camp to Mountain and Mountain to Base Camp.
- **31. Permit** – Satellite Phone / walkie-talkie permit for all members and staff.
- **32. Weather Forecast** – Weather forecast report from Meteotest, Bern (Switzerland) during the entire expedition.
- **33. Medical Kit** – Comprehensive Medical kit for group and staff.
- **34. Certificate** – Broad Peak climbing certificate issued by Pakistani Alpine Club (after climbing Mount Broad Peak successfully).
- **35. Insurance** – Medical & Emergency rescue Insurance for all involved Expedition staffs during the trek and expedition.

## EXCLUDES

- **1. Air Fare** – International flight airfare (from and to Islamabad).
- **2. Pakistan entry Visa fee** – Pakistani Visa fee.
- **3. Lunch & Dinner** – Lunch & dinner during the stay in Islamabad & Skardu (also in case of early return from Trekking / Expedition than the scheduled itinerary).
- **4. Extra night in Islamabad & Skardu** – Extra nights' accommodation in Islamabad & Skardu. In case of early arrival or late departure, early return from Trekking / Expedition (due to any reason) than the scheduled itinerary.
- **5. Insurance** – Travel and high-altitude insurance, accident, Helicopter medical & emergency evacuation. \*Mandatory
- **6. Rescue Evacuation** – Medical and emergency rescue evacuation cost if required. (Rescue, Repatriation, Helicopter, Medication, Medical Tests and Hospitalization co
- **7. Evacuation** – Trip cancellation Insurance.
- **8. Personal Expenses** – Telephone Calls, Internet, Toiletries, battery recharge, hot shower, laundry, soft drinks, beers and any Alcoholic beverages (during the trek and in Islamabad but we will serve soft drinks for members at base camp).
- **9. Personal Equipment** – Clothing, Packing Items or Bags, Personal Medical Kit, Personal Trekking /Climbing Gears.
- **10. Toiletries** – Soaps, shampoos, toilet and tissue papers, toothpaste, and other items used to keep yourself clean.
- **11. Filming** – Special Filming, Camera and Drone permit fee
- **12. Internet Service** – Not included during the trek and the expedition.
- **13. Summit Bonus** – Summit bonus for climbing Sherpa- Minimum 1500 USD.

- **14. Tips** – Calculate some tips for Basecamp staff.
- **15. Extra** – Any other item not listed in the “Cost Includes” Section.

## Trip Itinerary

Days	Program	Meals	Accommodation	Description
1	Arrival in Islamabad(585m)	B/L/D	HOTEL	
2	Rest day in Islamabad (585m): Expedition Briefing and Preparation	B/D	HOTEL	
3	Drive from Islamabad to Chilas (480km - 10 hours approx.) on Karakoram Highway	B/L/D	Lodge	
4	Rest Day in Chilas (Packing and Preparation)	B/L/D	Lodge	
5	Drive from Chilas to Halale and trek to Kachal (3400m)	B/L/D	Tent	
6	Trek from Kachal to Nanga Parbat Base Camp / Diamir Base Camp (4100m)	B/L/D	Tent	
7-35	Rotation: [Basecamp – Rotation (Camp I, Camp II and Camp III) – Basecamp]	Full Board	TENT	
35-45	Climbing Period: [Base Camp – Nanga Parbat Summit (8,125m) – Base Camp]	Full Board	TENT	
46	Cleaning Up Basecamp: Preparation for descending back	B/L/D	TENT	
47	Trek from Basecamp to Diamoroi	B/L/D	TENT	
48	Trek from Diamoroi to Halale and Drive to Chilas	B/L/D	TENT	
49	Drive from Chilas to Islamabad & Transfer to the Hotel	B/L/D	Hotel	
50	Transfer to the International Airport for final departure	-	-	

## Trekking Gear List

### Travel Documents

- Valid Passport
- Debit/Credit Card
- PP Size Photos(4 Pieces)
- Insurance Paper/Certificate
- Summit Down Suit – 8000M

### Medicine / First Aid Kits

- Paracetamole

### Upper Body

- Thermal Base Layer
- Fleece Jacket
- Gore Tex Jacket
- Warm Jacket
- Wind Proof Jacket
- Down Jacket
- Cotton T-Shirt

### Lower Body

- Trouser
- Bottom Base Layer
- Fleece Trouser
- Gore Tex Pant
- Heavy Weight Pant
- Mid Weight Pant
- Trekking Pant
- Under Wear
- Down Pant
- Gaiters for Trekking Boots
- Climbing Boot -6000m
- Normal Socks
- Summit Socks
- Trekking Shoes
- Thermal Bottom Base Layer
- Trekking Pants

### Foot Wear

- Summit Boot - 8000m
- Sport Shoes

### Hand

- Thin Fleece Gloves
- Wind Stopper Gloves
- Heavy Gloves(Guide)
- Summit Gloves

### Head

- Sun Cap
- Desert Cap
- Fleece Hat/Warm Hat
- Neck Gaiter
- Snow Goggles
- Balaclava

### Eating & Drinking

- Water bottle
- Thermos

### Bag Packs

- Rucksack 35L-50L
- Duffle Bag
- Dry Bags

### Miscellaneous

- Trekking Pole
- Pocket Knife
- Nail Cutter
- Umbrella/Rain Coat
- Hot Water Bag
- Pee Bottle
- Tenacious Tape Repair
- Altimeter Watch
- Satellite Phone(Optional)
- GPS Tracker
- Power Bank
- Camera
- GPS Tracker

