

# Annapurna I Expedition 2026

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

## COUNTRY

**Nepal**

## ACTIVITY

**Mountaineering**

## ACCOMMODATION

**Hotel/ Lodge/ Tent**

## WALKING

**5-7 hours**

## MAX ALTITUDE

**8,091**

m

## DURATION

**41**

Days

## DIFFICULTY

**Hard**

Difficult

## GROUP SIZE

**15**

People

## Expedition Overview

Annapurna is a spectacular series of peaks in the Himalayas, stretching across a 55 km long massif in north-central Nepal. Its highest point, **Annapurna I (8,091m)**, proudly ranks as the **10th-highest mountain in the world** and is one of the iconic **14 eight-thousanders**. Despite its incredible beauty and prestige, Annapurna is widely regarded as **one of the most technical and dangerous** 8000m peaks. The steep terrain, avalanche-prone slopes, and historically high fatality rate make it a challenge only for the most skilled and determined mountaineers.

Although Annapurna I was the **first 8,000-meter peak ever climbed** (in 1950), it remains **one of the least-attempted eight-thousanders** due to its demanding nature. Its name, *Annapurna*, originates from Sanskrit — meaning “full of food,” symbolizing nourishment and abundance. In Hindu culture, **Goddess Annapurna** represents fertility, harvest, and the sustaining energy of life.

**Annapurna I Expedition – Spring 2026** 14 Peaks Expedition is thrilled to open registrations for our **Spring 2026 Annapurna Expedition**, beginning **March 20, 2026**. Led by highly experienced Sherpa guides and supported by premium logistics, this climb offers a rare opportunity to take on one of the **most revered and challenging mountains on Earth**.

Why Climb Annapurna with 14 Peaks Expedition?

- Sherpa-led team with world-class high-altitude expertise
- Strong focus on safety, acclimatization & responsible climbing
- Comprehensive expedition support and seamless logistics
- A chance to stand on the summit of a legendary 8000m peak

Take the challenge. Make history with us. Join the **Annapurna Spring 2026 Expedition** and rise to the top of the world's most respected mountain.

## INCLUDES

1. Arrival & Departure Airport Transfers-Airport/Hotel/Airport. –
2. Hotel Accommodation 4 nights in Kathmandu on bed & breakfast Basis-Double Room. –
3. Domestic flight Kathmandu-pokhara by air,pokhara to Tatopani by jeep and Tatopani to BC by Helicopter /BC to Tatopani by Helicopter and Tatopani to pokhara by jeep pokhara to-Kathmandu (by air) –
4. Expedition cargo Necessary all equipment Transportation for all Member and Staffs From Kathmandu-to Tatopani (by bus) –Base camp(by Porters or Heli )- base camp to Tatopani (by porters or by jeep) Tatopani to Kathmandu(by bus). –
5. Permit Mt. Annapurna expedition permit, National park & TIMS permit. –
6. Garbage Management Stool Shipment Transfer, Garbage Deposit fees . –
7. Food and beverage Food 3 meals a day in Trekking & Base camp for members & Staffs. Cargo Clearance International Air cargo clearance of Member Personal Luggage & Payment of Government taxes –
8. Liaison Officer 1 Government Liaison officer with full equipment,salary,accommodation and his/her insurance . –

- 9. Base Camp Staff 1 Base camp Cook & necessary kitchen staffs. –
- 10. Porter Necessary Porters per member up to BC & Porters return from BC –
- 11. Staff Salary and allowance All Nepali staffs & porters daily wages/equipment/food/clothing. –
- 12. Insurance All Staffs Medical & Emergency rescue Insurance. –
- 13. Member Luggage 60 Kg per member for personal baggage. –
- 14. Base camp member Tent VE25 North face or Kailas tents in base camp per member. –
- 15. Base camp Tents Base camp foam mattresses, Dinning/Kitchen/Toilet/Store Tent/Hot shower /Tables & chairs, Cooking gears. –
- 16. Heater Heater for dining tent in the base camp. –
- 17. Light 1 Solar panel for battery charge and light at base camp for use –
- 18. Dinner 01 welcome & Farewell Dinner in tourist standard restaurant in Kathmandu with company Staffs’ –
- 19. Oxygen(O2)-Poisk cylinder 02 oxygen cylinder for each Member and 01 oxygen bottle for each High altitude Sherpa.Extra oxygen for emergencies stored at Base camp –
- 20. Mask & Regulator 01 Set Summit mask & Regulator for each member and high altitude Sherpa –
- 21. Permit Satellite Phone /walkie talkie phone if necessary in basis of Member –
- 22. High Altitude Climbing Sherpa 1 Climbing Sherpa per member and Carry Bonus. –
- 23. High camp service Necessary Cooking gas, Cooking pot for Member, Tents for high camp, high food and fixing gear Base camp to Summit. –

## EXCLUDES

- 1. Air Fare International flight airfare from/to Kathmandu. –
- 2. Lunch & Dinner Lunch & dinner in Katmandu Hotel stay and more than 5 nights in Kathmandu Hotel –
- 3. Insurance Travel and high altitude insurance, accident, medical & emergency evacuation –
- 4. Personal Expenses Telephone, Internet, Laundry, any Alcoholic beverages, personal equipment and shopping –
- 5. Nepal's Visa Nepali Visa fee US\$ 40 per person for 30 days ( to be applied for 100 days US\$ 100) –
- 6. Sherpa summit Bonus & Tips Sherpa Summit bonus USD 2000, please calculate some tips for Kitchen staff also. –
- 7. Extra porter If Extra porter needed to carry personal baggage up to Base Camp/ BC to Lukla it cost US\$ 120 per porter 30kg –
- 8. Rescue Evacuation Emergency rescue evacuation cost, if needed and all other personal nature expenses –
- 9. Filming Special Filming ,Camera and Drone Permit fee. –
- 10. Local tax Applicable National fees, garbage disposal and local taxes. –
- 11. Others Any other item not listed in “cost Includes” Section. –

## Trip Itinerary

Days	Program	Meals	Accommodation	Description
1	Arrival Kathmandu(1,400m)	B/L/D	HOTEL	
2	Shopping Day	B/L/D	HOTEL	
3	Pokhara(833m)	B/L/D	HOTEL	
4	Dana (1,440m)	B/L/D	LODGE	
5	Heli Flight to ABC(4,130)	B/L/D	TENT	
6-29	Rotation	B/L/D	TENT	
30-37	Climbing Period	B/L/D	TENT	
38	Heli Flight to Dana (1,440m)	B/L/D	TENT	
39	Drive from Dana to Pokhara and Fly to Kathmandu	B/L/D	HOTEL	
40	Leisure Day	B/L/D	HOTEL	
41	Back to Home	B/L/D	HOTEL	

# Trekking Gear List

## Travel Documents

Valid Passport   Debit/Credit Card   PP Size Photos(4 Pieces)  
Insurance Paper/Certificate   Summit Down Suit – 8000M

## Medicine / First Aid Kits

Paracetamole

## Upper Body

Thermal Base Layer   Fleece Jacket   Gore Tex Jacket  
Warm Jacket   Wind Proof Jacket   Down Jacket   Cotton T-Shirt

## Lower Body

Trouser   Bottom Base Layer   Fleece Trouser   Gore Tex Pant  
Heavy Weight Pant   Mid Weight Pant   Trekking Pant  
Under Wear   Down Pant   Gaiters for Trekking Boots  
Climbing Boot -6000m   Normal Socks   Summit Socks  
Trekking Shoes   Thermal Bottom Base Layer   Trekking Pants

## Foot Wear

Summit Boot - 8000m   Sport Shoes

## Hand

Thin Fleece Gloves   Wind Stopper Gloves   Heavy Gloves(Guide)  
Summit Gloves

## Head

Sun Cap   Desert Cap   Fleece Hat/Warm Hat   Neck Gaiter  
Snow Goggles   Balaclava

## Eating & Drinking

Water bottle   Thermos

## Bag Packs

Rucksack 35L-50L   Duffle Bag   Dry Bags

## Miscellaneous

Trekking Pole   Pocket Knife   Nail Cutter   Umbrella/Rain Coat  
Hot Water Bag   Pee Bottle   Tenacious Tape Repair  
Altimeter Watch   Satellite Phone(Optional)   GPS Tracker  
Power Bank   Camera   GPS Tracker