

14 Peaks Expedition – Complete 8000m Challenge

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Nepal

ACTIVITY

Trekking

ACCOMMODATION

Transport, Hotel

WALKING

4hrs per day

MAX ALTITUDE

7,000
m

DURATION

90
Days

DIFFICULTY

Moderate
Difficult

GROUP SIZE

9
People

Expedition Overview

The **14 Peaks Expedition** is the ultimate mountaineering challenge that involves climbing all fourteen mountains in the world that exceed 8,000 meters in elevation. These peaks are located in the Himalayan and Karakoram ranges across Nepal, Tibet (China), and Pakistan.

This expedition follows the footsteps of legendary climbers who have attempted to summit the world's highest mountains, including Everest, K2, and Annapurna. Participants must possess advanced mountaineering skills, high-altitude experience, and exceptional physical endurance.

The expedition includes carefully planned logistics, experienced climbing guides, acclimatization strategies, and base camp support. Each summit presents unique technical challenges, ranging from extreme weather conditions to steep ice walls and dangerous crevasses.

Climbing all fourteen peaks is considered one of the greatest achievements in mountaineering history, requiring dedication, preparation, and resilience.

This expedition is designed for highly experienced climbers seeking the ultimate Himalayan adventure.

INCLUDES

- **1. ARRIVAL AND DEPARTURE Airport - Hotel transfers – Airport (Pick Up and Drop), by private vehicle.** – ARRIVAL AND DEPARTURE Airport - Hotel transfers – Airport (Pick Up and Drop), by private vehicle.
- **2. HOTEL ACCOMMODATION IN KATHMANDU 4 nights hotel in Kathmandu (5-star category) - single room on bed and breakfast plan.** –

EXCLUDES

- **1. AIR FARE International flight airfare (from and to Kathmandu).** –

Trip Itinerary

Days	Program	Meals	Accommodation	Description
1	Arrival in Kathmandu & Transfer to the Hotel (1,400m)	N/A	Hotel	
2	Drive / Fly to Pokhara & transfer to the Hotel (820m)	Breakfast	Hotel	
3	Trek from Pokhara to Nayapul & Trek to Tikhedhunga (1,540m)	Breakfast, Lunch, Dinner	Tea House / Lodge	

Trekking Gear List

Travel Documents

Valid Passport Debit/Credit Card PP Size Photos(4 Pieces)
Insurance Paper/Certificate Summit Down Suit – 8000M

Medicine / First Aid Kits

Paracetamole High Altitude Expedition First Aid Kit

Upper Body

Thermal Base Layer Fleece Jacket Gore Tex Jacket
Warm Jacket Wind Proof Jacket Down Jacket Cotton T-Shirt

Lower Body

Trouser Bottom Base Layer Fleece Trouser Gore Tex Pant
Heavy Weight Pant Mid Weight Pant Trekking Pant
Under Wear Down Pant Gaiters for Trekking Boots
Climbing Boot -6000m Normal Socks Summit Socks
Trekking Shoes Thermal Bottom Base Layer Trekking Pants

Foot Wear

Summit Boot - 8000m Sport Shoes

Hand

Thin Fleece Gloves Wind Stopper Gloves Heavy Gloves(Guide)
Summit Gloves

Head

Sun Cap Desert Cap Fleece Hat/Warm Hat Neck Gaiter
Snow Goggles Balaclava

Eating & Drinking

Water bottle Thermos

Bag Packs

Rucksack 35L-50L Duffle Bag Dry Bags

Miscellaneous

Trekking Pole Pocket Knife Nail Cutter Umbrella/Rain Coat
Hot Water Bag Pee Bottle Tenacious Tape Repair
Altimeter Watch Satellite Phone(Optional) GPS Tracker
Power Bank Camera GPS Tracker